

Seminar Details

- Date:** 17 & 18 March 2010
- Times:** 9am – 4pm (each day)
- Venue:** The Centre Ivanhoe
275 Upper Heidelberg Road
Ivanhoe, Victoria 3079
- Parking:** Onsite parking available
- Cost:** \$350.00 (includes GST) for both days or
\$180.00 (includes GST) per day

Includes morning tea, lunch and afternoon tea, comprehensive handout & certificate of attendance

Cancellation and transfer policy

- Should you be unable to attend, a substitute participant is welcome at no extra charge.
- If you cancel more than 14 days prior to the workshop, you will receive a refund of less \$50.00 to cover administrative costs. If you cancel 7 days prior to the workshop you will receive a 50% refund.
- Regrettably, no refunds can be made for cancellation received less than 7 days prior to the event.
- All cancellation or transfer notification must be received in writing.
- Once a registration has been received and either an invoice issued or a letter of acceptance sent to the person registered or their organisation the workshop position is deemed accepted and the full fee for the workshop is payable.
- Redleaf reserves the right to amend the workshop program without notice. Workshops may be cancelled or re-scheduled if minimum numbers are not reached. Maximum participant limits for each workshop have been set. Venues may be changed if required.

REDLEAF®

Redleaf Training &
Consultancy
PO Box 2184
Hornsby Westfield
NSW 1635

P: 02 9487 8207

F: 02 9989 8302

E: enquiries@redleaf.com.au

www.redleaf.com.au

(ABN: 61 891 683 810)

REDLEAF®

Leisure & Lifestyle Two Day Seminar

17 & 18

March 2010

Melbourne, VIC



Seminar Programme

Day 1: Wednesday 17th March

One to one leisure programs

An inspirational presentation on the development and implementation of one to one activities within residential and community care. This session will provide some great ideas for developing and implementing one to one activities with your clients. **Speaker:** *Julianne Gould (Diversional Therapist, The Birches (Vic))*

Introduction to Brain Gym

Claire will introduce the brain gym program and overview some brain gym exercises which are designed to improve memory, concentration, cognitive functioning and communication skills and reduce mental confusion, anxiety and stress levels. An interactive and practical session.

Speaker: *Claire Hocking (Brain Gym Instructor and Educational Kinesiologist)*

Physical activity for older adults

A practical session that will provide participants with creative ideas on planning and implementing physical activity programmes within community and residential settings.

Speaker: *Claudia Meyers (BAppSCPT (Cert Hydro); National Ageing Research Institute)*

Effective leisure programming for people with dementia

During this session we will explore how to effectively develop leisure based programs for clients across the three phases/stages of dementia. Tips and hints for client centred programming will be shared.

Speaker: *Jacqueline Quirke (MCommHlth; GradDipCommHlth; AssDipAppSc(DT); CertIVWTA)*

Day 2: Thursday 18th March

Successfully facilitating musical activities

This session will focus on successfully facilitating musical activities within aged care. Loretta will provide simple ways to solve difficult problems.

Speaker: *Loretta Quinn (Masters (Music Therapy), Post Grad. Dip. (Music Therapy), RN Div. 1, Registered Music Therapist in private practice)*

Innovative programming approach

Sue will explain an innovative programming approach based on Howard Gardner's theory of multiple intelligences that she uses within her practice. Documentation ideas will also be discussed along with normalising' activities that enhance a sense of wellbeing in daily routines.

Speaker: *Sue Sammartino (CertIVL&L; Advanced Diploma in Community Services Management; Lifestyle Co-ordinator St Catherine's Aged Care)*

Developing leisure based care plans

Care planning writing is one of those essential skills that takes lots of practice and time to develop your skills. During this session participants will be provided with tips and hints for making care planning writing easier and more effective. This double session will be run as two groups. One for beginners to care plan writing and another for those more experienced but wanting to further develop their skills.

Speakers: *Jacqueline Quirke (MCommHlth; GradDipCommHlth; AssDipAppSc(DT); CertIVWTA) & Dr Gabrielle Koop (PhD; MA; BA; CertIVTAA04)*

Registration form:

Register by mailing or faxing this form or ring to register via phone.

Attending: Both days (\$350.00) *(includes GST)*

Day 1 only (\$180.00) Day 2 only (\$180.00)
(includes GST) (includes GST)

Payment Details:

I enclose a cheque/money order payable to **Redleaf Training & Consultancy**

Please charge my credit card to the amount of

\$ _____ Card #: _____

_____ Expiry: ____ / ____

Card Holders Signature: _____

Please invoice the organisation listed below

Payment and Receipt: Send confirmation/receipt to:

Participant Organisation

Participants' Details:

Name: _____

Name: _____

Name: _____

Correspondence/receipt details

Organisation Name: _____

Address: _____

Suburb: _____ Postcode: _____

T: (____) _____ F: (____) _____

Email: _____