

Seminar Details

- Date:** 28 & 29 April 2010
Times: 9am – 4pm (each day)
Venue: Parramatta Leagues Club, 13-15
O'Connell Street Parramatta NSW
Parking: Onsite parking available
Transport: 15-20 minute walk from Parramatta
station or you can catch a free bus "the
loop" from Parramatta Station which
leaves every 10 minutes (*further informa-
tion is available from 02 9806 5050 or
www.parramattaloop.com.au*)
Cost: \$350.00 (includes GST) for both days or
\$180.00 (includes GST) per day
*Includes morning tea, lunch and afternoon tea, comprehensive
handout & certificate of attendance*

Cancellation and transfer policy

- Should you be unable to attend, a substitute participant is welcome at no extra charge.
- If you cancel more than 14 days prior to the workshop, you will receive a refund of less \$50.00 to cover administrative costs. If you cancel 7 days prior to the workshop you will receive a 50% refund. Regrettably, no refunds can be made for cancellation received less than 7 days prior to the event.
- All cancellation or transfer notification must be received in writing.
- Once a registration has been received and either an invoice issued or a letter of acceptance sent to the person registered or their organisation the workshop position is deemed accepted and the full fee for the workshop is payable.
- Redleaf reserves the right to amend the workshop program without notice. Workshops may be cancelled or re-scheduled if minimum numbers are not reached. Venues may be changed if required.

REDLEAF®

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REDLEAF®

Leisure & Lifestyle Two Day Seminar

 **28 & 29 April 2010**
Parramatta, NSW

www.redleaf.com.au

Seminar Programme & Registration Form

Day 1: Wednesday 28th April

Introduction to Brain Gym

Claire will introduce the brain gym program and overview some brain gym exercises which are designed to improve memory, concentration, cognitive functioning and communication skills and reduce mental confusion, anxiety and stress levels. An interactive and practical session.

Speaker: Claire Hocking (Brain Gym Instructor and Educational Kinesiologist)

Activities, Activities & more Activities

This session will showcase a number of activities that are successfully being implemented with residential and community care settings. This session will enable you to hear about some great activity ideas and to expand your repertoire of activities. An interactive and highly useful session. **Speaker:** Various

Baby Boomers Boot Camp

Baby boomers are filling facilities and flocking to group training sessions: do you have the tools to provide safe, fun, appropriate sessions with enough variety and challenge to keep them engaged? Packed with take home ideas for the boomer generation this session focuses on balance, strength, agility and endurance.

Speaker: Patti Barlett (DipDT, Fitness Leader, Heartmoves Instructor, Tai Chi), Diversional Therapist & PT Aid, Sarah Claydon Aged Care Facility, Milton NSW

Effective Leisure Programming for People with Dementia

Jacqueline will provide you with a range of practical tips and hints on the most effective ways in which to approach leisure programming for people with dementia. Jacqueline will also highlight some of the emerging research in relation to leisure activities and dementia.

Speaker: Jacqueline Quirke (MCommHlth; GradDip-CommHlth; AssDipAppSc(DT); CertIVWTA), Manager/Redleaf Training, Co-owner/ B&S Books

Day 2: Thursday 29th April

Leisure Activities for Palliative Care Clients

Working with clients who are palliative is becoming more common within aged care. Kate will provide you with a range of ideas on approaches and activities that can be offered to these clients with a focus on creating positive and memorable experiences. **Speaker:** Kate Rogers (Grad Cert of Gerontology, BAppSc (DT)), Diversional Therapist, Sacred Heart Palliative Care Service

Using Technology in Aged Care

Technology is becoming a more popular tool being used within leisure programs in aged care with positive benefits for clients. During this session Kylie will provide an overview of how they are using the Nintendo Wii within their services with fantastic results. Kylie will also discuss a new initiative that is being introduced within Anglican Care "Broadband Kiosk". **Speaker:** Kylie Jacques, Marketing and Communications Manager, Anglican Care

An innovative programming approach

Gabrielle will explain an innovative programming approach based on Howard Gardner's theory of multiple intelligences. Documentation ideas will also be discussed along with a range of activities that enhance a sense of wellbeing. **Speaker:** Dr Gabrielle Koop (PhD; MA; BA; CertIVTAA04)

Companion Card Program

The Companion Card Program aims to increase community access for people with a severe or profound, life-long disability, through fair ticketing practices. During this session Jeffrey will explain the program and its relevance to the clients we work with. Jeffrey will also show some examples of how the program benefits clients and how to apply for a Companion Card. A very informative session.

Speaker: Jeffrey Tonge, Affiliate and Marketing Manager, Companion Card, National Disability Service

Register by mailing or faxing this form or ring to register via phone.

Attending: Both days (\$350.00) (includes GST)

Day 1 only (\$180.00) Day 2 only (\$180.00)
(includes GST) (includes GST)

Payment Details:

I enclose a cheque/money order payable to **Redleaf Training & Consultancy**

Please charge my credit card to the amount of

\$ _____ Card #: _____

_____ Expiry: ____ / ____

Card Holders Signature: _____

Please invoice the organisation listed below

Payment and Receipt: Send confirmation/receipt to:

Participant Organisation

Participants' Details (April seminar):

Name: _____

Name: _____

Correspondence/receipt details

Organisation Name: _____

Address: _____

Suburb: _____ Postcode: _____

T: (____) _____ F: (____) _____

Email: _____