

SEMINAR DETAILS

- Date:** 10 & 11 November 2010
Times: 9am – 4pm (each day)
Venue: The Grand Pittwater Function Centre
~ North Ryde RSL Community Club
Cnr Magdala & Pittwater Roads
North Ryde NSW 2112
Parking: Onsite parking available
Transport: Bus services available – see -
www.131500.info
Cost: \$360.00 (includes GST) for both days
or \$190.00 (includes GST) per day
*Includes morning tea, lunch and afternoon
tea, comprehensive handout & certificate of
attendance*

Cancellation and transfer policy

- Should you be unable to attend, a substitute participant is welcome at no extra charge.
- If you cancel more than 14 days prior to the seminar, you will receive a refund of less \$50.00 to cover administrative costs. If you cancel 7 days prior to the workshop you will receive a 50% refund. Regrettably, no refunds can be made for cancellation received less than 7 days prior to the event.
- All cancellation or transfer notification must be received in writing.
- Once a registration has been received and either an invoice issued or a letter of acceptance sent to the person registered or their organisation the seminar position is deemed accepted and the full fee for the seminar is payable.
- Redleaf reserves the right to amend the seminar program without notice. Workshops may be cancelled or re-scheduled if minimum numbers are not reached. Venues may be changed if required.

REDLEAF®



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REDLEAF®

LEISURE AND RECREATION TWO DAY SEMINAR

10TH & 11TH
NOVEMBER
2010

NORTH RYDE,
NSW

SEMINAR PROGRAMME & REGISTRATION FORM

Day 1: Wednesday 10th November

✦ Effective behaviour management

Kim will present a number of behaviour management techniques and tools that have successfully been implemented within her work place. These techniques and tools include the use of the Montessori approach and how team work between the diversional therapy staff and carers can be achieved for optimal client outcomes.

Speaker: Kim Alpert (DipDT), Diversional Therapist, Montefiore Homes

✦ Seize the moment

This session will look at the benefits of humour in the workplace, and will explore a variety of techniques to motivate and inspire clients.

✦ “Did I do that?!”

A card making project for fun, self-worth, fundraising, community awareness – the project will be explained from its beginnings to the end product.

Speaker for both sessions: Josie Peacock BHlthSc (Leisure & Health), HarbisonCare, Bowral/Moss Vale

✦ Sizzling Seniors

Physical changes that occur with age can have significant effect on how well the clients we work with age. This session, with a large practical component, will provide the opportunity to develop skills relating to balance and strength training which will promote preventative health care and maintain independence and mobility. Ideas for programs and resources will be given with the emphasis on fun and safety.

Speaker: Patti Bartlett (DipDT, Fitness Leader, Heartmoves Instructor, Tai Chi), Diversional Therapist & PT Aid, Sarah Claydon Aged Care Facility, Milton NSW

✦ Duty of Care Update

During this session Jacqueline will provide an update on our duty of care obligations as diversional therapists and recreation activity officers. Current and new requirements and legislation affecting our roles will be discussed and participant input will be sought.

Speaker: Jacqueline Quirke (MCommHlth; GradDipCommHlth; AssDipAppSc(DT); CertIVWTA), Manager/ Redleaf Training, Co-owner/ Be&S Books

Day 2: Thursday 11th November

✦ Aromatherapy: its safe and effective use

The team from Thompson Health Care will showcase the aromatherapy program that they use with a range of clients within their services. During this presentation Susie and Helen will overview their aromatherapy program and discuss the benefits to clients. An interactive session with an opportunity to ask questions and provide feedback.

Speakers: Susie Ciobo & Helen Smith, Thompson Health Care

✦ Caring for Yourself as a Professional

People in caring professions tend to give a lot of themselves in meeting the needs of their clients but are often not good at looking after themselves either personally or professionally. This session focuses on strategies which enable you to take better control of your life as a professional and gain tangible benefits for you, your clients and your organisation.

Speaker: Dr Gabrielle Koop (PhD; MA; BA; CertIVTAA04), Co-owner/ Be&S Books

✦ Horticulture: how to implement in your workplace

Gardening is a favourite past time for many of the clients we work with and has been found to have many positive health benefits. This session will provide you with practical tips and suggestions for how to implement and maintain a horticulture program within your service.

Speaker: Cultivate—the Horticultural Therapy Society of NSW Inc.

✦ Documentation Update

There is no escaping from documentation!! This session will provide participants with an overview of contemporary documentation practices and new thinking in the area of documentation. A highly informative session.

Speaker: Jacqueline Quirke (MCommHlth; GradDipCommHlth; AssDipAppSc(DT); CertIVWTA), Manager/ Redleaf Training, Co-owner/ Be&S Books

Register by mailing or faxing this form or ring to register via phone.

Attending: Both days (\$360.00) (includes GST)

Day 1 only (\$190.00) Day 2 only (\$190.00)

(includes GST)

(includes GST)

Payment Details:

I enclose a cheque/money order payable to **Redleaf Training & Consultancy**

Please charge my credit card to the amount of \$ _____

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Participant Organisation

Participants' Details

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Name: _____

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Organisation Name: _____

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Email: _____